

29 October 2024 | Johannesburg

# Advancements in Neonatal HIV Therapy

Adrie Bekker, Stellenbosch University



forward together sonke siya phambili saam vorentoe In 2023, approximately 1.2 million women with HIV were pregnant, resulting in ~ 120 000 new HIV infections among children

# Since 2010, there has been a 62% decline in new pediatric HIV infections, with ~ 3.4 million vertical and breastmilk transmissions prevented due to antiretroviral therapy (ART) in pregnant and breastfeeding women





### Where do these new pediatric HIV transmissions occur?



Mother acquired HIV during pregnancy or breastfeeding

Mother did not receive antiretroviral therapy during pregnancy or breastfeeding
 Mother did not continue antiretroviral therapy during pregnancy or breastfeeding
 Mother was on antiretroviral therapy but did not achieve viral suppression

Thus, administering ART to neonates remains a key intervention if new pediatric HIV infections are to be prevented and early HIV treatment is to be given

### How do we go about to Prevent and Treat Neonatal HIV ?

#### **Strategies to be followed:**

- To ensure that women of reproductive age with HIV are virally suppressed
- To optimize ART in neonates both for prevention and treatment of HIV





*Of the* **1.4** *million children worldwide living with HIV, only* **57% are receiving ARVs** 

#### Few ARV Options Available to Premature Infants





\*Picture taken with permission

#### Factors influencing drug absorption and disposition, include:

- Gastro-intestinal (GIT) changes
   Variable drug absorption
   Some preterm infants get little or nothing by mouth
   Impact of ↓gastric acidity and slow GIT motility
- Extracellular fluid compartment and weight changes
- P

• Safety of integrase inhibitors is unclear as they may displace bilirubin from albumin



#### Global preterm rate is 11% Infants born to women with HIV are twice as likely to be preterm

#### **ARV Formulations - Now to Next**



#### Neonates

#### Infants, Children and Adults

# Why do We Need to Improve?



Few ARV options result in stock-outs	<b>ARV options aligned with children</b> may be more readily available
Current neonatal ARV options are from older drug classes	New drug classes of ARVs are <b>more</b> <b>potent and safer</b>
Liquid formulations have short shelf-lives and are unpalatable	<b>Dispersible tablets and oral films</b> have longer expiry dates and are often taste masked
Frequent dosing is difficult (AZT is twice- daily dosing)	Dolutegravir (DTG) dosing is once daily and <b>may be easier to administer, and</b> <b>possibly improve adherence</b>

#### **Recent Contributions to Optimizing Neonatal ART**

Dosing guidance for lamivudine (3TC) liquid in very preterm infants

Dosing guidance for abacavir (ABC) liquid in term neonates

Dosing guidance for solid ARV formulations in term neonates: PETITE PLATFORM Studies

## 3TC: GA-Band Dosing in Very Preterm Infants (<32 weeks)

No 3TC pharmacokinetic (PK) data available in infants <34 weeks GA and 3TC is renally eliminated

Upon WHO request, we combined 3TC concentrations from 8 neonatal and infant PK studies (858 samples; 154 infants) utilizing modeling and simulations **to predict 3TC dosing for preterm infants** 



Postnatal Age (Weeks)

#### **Proposed 3TC Preterm Dosing**

Gestational Age Bands	0 - < 4 Weeks of life	≥4 Weeks of life
GA 24 to < 30 weeks	2 mg/kg BID	2 mg/kg BID
$GA \ge 30$ to < 36 weeks	2 mg/kg BID	4 mg/kg BID

*Infants* ≥3*kg* and aged ≥4 weeks switch to 30mg BID (per WHO)

Model-based predictions support twice daily 3TC pragmatic GA band dosing for preterm infants, but clinical validation is warranted

Bekker JAC 2024

### Abacavir (ABC) Weight-Band Dosing in Term Neonates

#### Total blood volume in a neonate $\sim 85 \text{ mL/kg}$ , restricting the amount of blood that can be drawn for PK sampling



Sample limits for clinical research: For a 3 kg baby, is < 15 mL per day and < 29 mL over 8 weeks

\* US National Institutes of Health (NIH) pediatric recommendations

Thus, key strategies for this neonatal study included:

Combining data from 3 neonatal and unfant PK studies & using PK modeling and simulation to derive dosing



#### Exact ABC Dosing from Birth

### Abacavir (ABC) Weight-Band Dosing in Term Neonates

Drug	Strength of oral solution	2 - < 3 kg		3 - <	4 kg	4 - < 5 kg	
		AM	PM	AM	PM	AM	PM
ABC	20 mg/mL	0.4 mL	0.4 mL	0.5 mL	0.5 mL	0.6 mL	0.6 mL



Optimal drug exposures should not be too high (increased risk for toxicity) & not be too low (increased risk for resistance)

Drug	Drug Strength of oral solution		2-<	2–<3 kg		3-<4 kg		4–<5 kg	
			AM	PM	AM	PM	AM	PM	
AZT	10 mg/mL	10 mg/mL		1 mL	1.5 mL	1.5 mL	2 mL	2 mL	
ABC	20 mg/mL		0.4 mL	0.4 mL	0.5 mL	0.5 mL 0.5 mL		0.6 mL	
NVP	10 mg/mL		1.5 mL	1.5 mL	2 mL	2 mL 2 mL		3 mL	
3TC	10 mg/mL		0.5 mL	0.5 mL	0.8 mL	0.8 mL 0.8 mL		1 mL	
LPV/r <sup>b</sup>	80 mg/20 mg/mL		0.6 mL	0.6 mL	0.8 mL	0.8 mL	1 mL	1 mL	
	Granules 40 mg/10 mg sachet		-	-	2	2	2	2	
RAL	10 mg/mL	<1 week	0.4 mL (o	0.4 mL (once daily)℃		0.5 mL (once daily) <sup>c</sup>		0.7 mL (once daily) <sup>c</sup>	
	(Oral granules for suspension: 100 mg/ sachet) <sup>c</sup>	>1 week	0.8 mL	0.8 mL	1 mL	1 mL	1.5 mL	1.5 mL	

Table A1.4 Drug dosing of liquid formulations for infants younger than four weeks of age<sup>a</sup>

Bekker Lancet HIV 2021

### PETITE PLATFORM Studies: PK and Safety of Solid ARV in Neonates



### PETITE '4-in-1' Study: FDC product of ABC/3TC/LPV/r (n=16)

Phase I/II, open-label, single arm, *two-stage trial* of HIV-exposed term neonates (≥2500g to ≤4000g)

Stage 1: Single dose(s) of the '4-in-1' in two sequential cohorts: Cohort 1A (n=8) & Cohort 1B (n=8)



#### ABC/3TC exposures higher than in children at equivalent dose

#### Low LPV/r concentrations

In the PETITE '4-in-1' Study: Safety and acceptability data reassuring; first PK data in neonates of solid ABC/3TC drugs; ABC and 3TC plasma concentrations were acceptable, but the very low LPV/r concentrations were of concern

Bekker JAIDS 2022



### PETITE ABC/3TC + LPV/r granules Study (n=24)

Performed PK and safety in the PETITE ABC/3TC + LPV/r Study: Single dose (n=8) and Multi-dose (n=16): Dose: <sup>1</sup>/<sub>4</sub> tablet of ABC/3TC once daily and 2 sachets of LPV/r twice daily





- exposures which rapidly decreased
- 2 sachets of LPV/r BID led to exposures comparable to infants receiving LPV/r liquid
- Data in small cohort supports the use from birth

## Pediatric DTG oral formulations available

• Original 5 mg DTG dispersible tablet

• Generic 10 mg scored dispersible tablet

- DTG oral film (5 mg, 10 mg): thin strip (mint flavoured)
  - To be placed on tongue for rapid disintegration (10 sec) in the saliva prior to swallowing
  - Adult bioequivalent study with 2 tablets of 5 mg DTG as ref range US FDA submission







### INSTIs and Risk of Hyperbilirubinemia in Neonates

Potential safety concerns of *severe unconjugated jaundice* with INSTIs ( free bilirubin)



Mechanisms by which free bilirubin levels can be increased among high INSTI concentrations:

**1. DTG or RAL can displace bilirubin from albumin** 

**2. UGT1A1 enzyme activity is slow at birth,** with less effective conjugation of free bilirubin, and less effective DTG metabolism

Note: This possible jaundice risk has <u>not been</u> observed in the ~ 74 term neonates enrolled thus far in 2 DTG PK studies

### PETITE-DTG Study Design: (n=56)

A Phase I/II, open-label, single arm, two-stage trial of 56 HIV-exposed neonates (≥2000g)

Stage 1: Single dose of the DTG 5 mg dispersible tablet in two sequential cohorts:

 $\circ$  Cohort 1A (n=8) ≥14 days and <28 days of life

○ Cohort 1B (n=8) <14 days of life Safety Criteria to move from Cohort 1A to 1B Fail → DSMB

**DSMB Review:** Interim Analysis: Review Safety/PK data: **SELECT Multi-DTG DOSE** 

**Stage 2: Multi-doses** of DTG 5 mg in two parallel cohorts:

Cohort 2A: (n=20) neonates

○ Cohort 2B: (n=20) neonates

#### Stage 1 PK/Safety: Single 5 mg DTG-DT Dose in Neonates (n=16)

#### DTG Conc. vs Time Curves



**Cohort 1A (n=8)**: PK at 17 (16 – 22) days of life **Cohort 1B (n=8)**: PK at 6 (4 – 8) days of life

#### **DTG PK Parameters**

Single Dose	Cohort 1A			Cohort 1B			
РК	Ν	GM (%CV)	Ν	GM (%CV)			
<b>C<sub>last</sub></b> (μg/mL)							
- 24h	8	1.35 (80.0)	3	2.28 (80.9)			
- 48h		-	2	0.43 (218.4)			
-72h		-	3	0.83 (45.3)			
<b>C<sub>max</sub></b> (μg/mL)	8	3.78 (35.3)	8	3.65 (30.8)			
<b>AUC<sub>0-24</sub></b> (μg.h/mL)	7	55.77 (46.3)	8	65.53 (34.8)			

**SAFETY RESULTS: AEs not related to DTG:** Of 11 AEs: 8 were Grade 1 & 3 were Grade 2; 1 SAE: hospitalization for a NVP skin rash (Grade 2) not related to study drug

#### PETITE-DTG: Multi-dose DTG selection and 2 DTG formulations



This dosing strategy was taken forward in Stage 2 (multi-dose) Thus far, we have enrolled 40 neonates in the multi-dose (20 receiving 'DTG 5 mg dispersible tablet' and 20 receiving 'DTG-Oral Film"





#### PETITE-DTG: Multi-dose DTG selection and 2 DTG formulations

- IMPAACT 2023 team presented their Stage 1 (single dose) results at the Pediatric HIV Workshop at IAS 2024 and proposed the same DTG dosing regimen to be evaluated in Stage 2 (multi-dose)
- In June 2024, we completed enrolment of the 1<sup>st</sup> 20 neonates in Stage 2, who received 5 mg DTG at Q48hr (Day 0 – 13), followed by 5 mg DTG Q24hr (Day 14 – 28).
- An abstract on the interim analysis from the multi-dose PETITE-DTG study was submitted to CROI 2025...

#### If we could look into the future of Long-Acting ARVs for Neonates

#### Panel 1: PADO-HIV 5 priority list

#### PADO-HIV 5 priority list: medium term, 3–5 years

- Dolutegravir/lamivudine/abacavir (5/30/60 mg dispersible)
- Ritonavir-boosted darunavir (20/120 mg)
- Lamivudine/emtricitabine combined with tenofovir alafenamide, with or without dolutegravir
- Cabotegravir for postnatal prophylaxis

#### PADO-HIV 5 watch list (products of potential interest for paediatric treatment in the longer term)

- Islatravir
- Broadly neutralising antibodies
- Microarray patches (with potent antiretroviral identified after appropriate matching)
- Lenacapavir

PADO-HIV=Paediatric Drug Optimization for HIV.

WHO PADO 5 meeting 2021

PADO 5 - PRIORITY LIST Cabotegravir (CAB) for PNP

PADO 5 - WATCH LIST Monoclonal Antibodies (bNAbs) Lenacapavir (LEN)

"It always seems impossible until it's done"- Nelson Mandela

### Acknowledgements

All our mothers and babies who participated in the studies

Tim Cressey and PHPT team in Thailand

FAMCRU Team at Stellenbosch University (SU)

Anneke Hesseling and Tony Garcia-Pratz from DTTC at SU

